

VIRTUE

GOOD MANNERS

FRIENDLINESS

COURAGE

PERSISTENCE RESILIENCE

- The habit of speaking and acting in a way which gives people a feeling of being appreciated, valued and respected.
- The habit of using the words and actions of good manners with sincerity.
- The habit of being interested in others.
- The habit of sharing your time, ideas, feelings, belongings and yourself with others.
- The habit of saying and doing things to lessen the labour and effort of others (helpfulness).
- The habit of accepting your fear and nevertheless making yourself say or do the things you know are right and more important than your fear.
- The habit of sticking to your values and resisting the temptation to abandon them.
- The habit of trying again and again without complaint
- success and bouncing back.
- and difficulties as things you
- The habit of accepting

ACTION

We will:

- listen with quiet hands, feet and mouths,
- look at the person speaking,
- listen from start to finish,
- listen beyond what is said to how it is said.

We will:

- not deliberately hurt other people's bodies or feelings, • take care of property and the
- environment.
- be friendly even to those who aren't our friends,
- remember that what we do can sometimes hurt others, so we must act safely,
- listen beyond what is said to how it is said.

We will:

- try our personal best at every-thing we do,
- not run away from problems or things we find hard to do,
- take responsibility for our own actions.
- seek the truth,
- listen to our conscience.

We will:

- have really good reasons for not

We will:

OUTCOME

EMPATHY

A PERSON OF GOOD **CHARACTER** WHO:

- embodies all the key virtues and develops them through vigorously adhering to his/her values to ensure they become the habits of behaviour that define his/her character.
- has an awareness of others with the ability to see things from another's point-of-view and the ability to identify with the plight, state

TOLERANCE/ ACCEPTANCE

- ecting air
- The habit of accepting things you cannot change.
- The habit of avoiding judgement.
- The habit of forgiving faults and the patience to work with them.
- know our feelings and take charge of them,
- respect the rights and traditions of others,
- not say nasty things about people or spread rumours,
- listen beyond what is said to how it is said.

We will:

- use our words and actions to help people and not hurt them,
- help people in difficulty,
- tell a teacher if we see or hear something that might be dangerous to others or us,
- listen beyond what is said to how

or needs of another.

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EMPATHY

 The habit of caring deeply for the plight of others and the desire to help.

 The habit of saying and doing things to raise the spirit of another (kindness).

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COMPASSION